

# Tundra

## Tundra biome

### A barren land

The word “tundra” comes from a Lapp word, meaning “barren land”. The area is flat, with scarce vegetation and virtually no rises: a cold desert. The climate of the tundra depends on the region being either oceanic or mainland. For instance, in the European tundra, which is heated by the Gulf Stream, the land is unfrozen for many months, while the Canadian mainland tundra is always frozen. In Europe, the tundra begins at 7°N latitude, while in eastern Canada it begins at 55°N. During the long winter, the monthly minimum temperatures never drop below  $-10^{\circ}\text{C}$  in the European tundra, and can reach  $-30^{\circ}\text{C}$  in Alaska. In eastern Siberia, the average winter temperature can reach  $-50^{\circ}\text{C}$ .

Since the sun does not rise in winter, the tundra spends several months in long, cold darkness. Conversely, during the summer the sun is always, or almost always, above the horizon with no real nights. The solar energy that reaches the ground is in any case little, since the sun stays very low on the horizon. It ensues that the water trapped in the soil freezes down to many metres, forming a layer of hard soil, the surface of which thaws in summer only. The frozen soil of the tundra is called permafrost (from the English permanent frost). Evaporation is very low, therefore, even if it rains very little; nevertheless, the melting of the upper layers of soil form large wet areas during the Arctic summer.

### The Tundra in the world

The biome of the tundra covers the northernmost lands of Europe, Siberia and north-America. Overall, the tundra covers 5% of lands above sea level. Some areas of tundra can also be found at the southern end of south-America. In the Austral hemisphere, large expanses of perennial ice cover Antarctica; mosses and lichens grow, however, in some very small areas along the borders of the mainland.

The mountains of the temperate areas, above 2,000 metres a.s.l., do not have trees either, because of the cold, so they look like the tundra. This is the Alpine tundra, the so-called *parámo*, on the Andes. The Alpine tundra has some of the same plants as the real tundra, for instance dwarf willows, and some of the same species of insects. The Alpine tundra has no permafrost, day and night alternate every 24 hours and sunlight is more intense. Its typical animals are marmots, chamois, ptarmigans and chaffinches.

### Plants of the tundra

The vegetation of the tundra is almost entirely composed of perennial plants, camephytic plants (cushion-like plants) and hemicyptophytic plants (perennial herbaceous plants). Cushion-like plants include Ericaceae and saxifrages, while hemicyptophytic plants include sedges. There are no forest trees at all. Shrubs, birches and willows are few and small, to resist frost and strong winds. Mosses, rushes, graminaceous plants and peat mosses (a type of moss which has adapted very well to live in swampy areas) grow in wet areas, where the land is soaked in water.

In summer, many short-stemmed flowers deck the tundra in bright colours. Because of the cold, plants have a very slow growth cycle: the reindeer moss (*Cladonia rangiferina*), for instance, takes one year to grow just 1-5 mm taller.

### Animals of the tundra

Despite the cold temperature, the tundra is inhabited by a lot of animal species. Many animals migrate to avoid the colder months. Others have developed, instead, different systems to defend themselves from the cold, through which they can survive in the tundra even during the long, cold winter night. In the tundra, animals cannot hibernate since the frozen soil cannot be dug up to make shelters or tunnels and because the warm season is too short to provide enough food to stock. Many small animals, such as the lemming, dig tunnels under the snow to look for food and to escape predators, but the ermine, a small carnivore with a nimble tapering body, can run after them even into their narrow tunnels. Arctic

foxes hide stocks of frozen meat that they eat during the winter. Arctic hares take shelter under the snow, but feed above ground, thus risking to be attacked by wolves.

Many of the species that stay in the tundra in winter, such as the willow capercaillie, the Arctic fow, the Arctic hare and the ermine, change their colour to camouflage themselves. In summer, they have, therefore, dark and brown coats, while in winter they are snow-white. Most animals avoid the cold by migrating. In early summer, many species come back in droves from elsewhere: caribou, reindeers, grizzlies and grey wolves, for instance, come back from the boreal forests. Reindeers move in large herds; reindeer-does breed in early summer, as soon as they come back from the tundra. Grey wolves are also born in the warmer months, when they appear in the tundra as they run after large herbivores.

## Birds of the tundra

The birds of the tundra are mostly migrant birds. Some of them, such as the greater willow chicken, move short distances away, while others travel for thousands of kilometres. The Arctic tern travels 36 thousand kilometres to reach the northern tundra from Antarctica! The goose is perhaps the most typical bird of the tundra. Many different species come here to breed after spending the cold months in the Mediterranean, Mexico, Africa or in the south of the United States. In summer, wet areas are the ideal place for many species of insects, that spend the winter as eggs. Mosquitoes and flies are so many as to force the big mammals, such as the musk ox and the caribou, to leave the swampy areas to reach higher, drier lands. The abundance of insects in the summer attracts to the tundra very many species of insectivorous birds, which migrate there just to take part in the feast. Birds and lemmings attract pigeon hawks, falcons and other birds of prey.

## The origin of tundra

The tundra as it looks today seems to have appeared on earth just two million years ago, before the succession of ice ages and following a general and lengthy cooling of the earth. The typical species of animals of plants that can be found in this biome must have come from high mountain areas. These organisms found a favourable habitat in the tundra, because it was like their native one. From mountain areas, the plants and animals that could resist cold and dry climates colonised the new desert and frozen habitat by perfectly adjusting to it. Whenever the Earth underwent some general cooling, the tundra expanded to lower-lying lands, from which it withdrew later, during warmer interglacial eras.